

Essentia Health-Virginia

901 9th St N, Virginia, MN 55792

Service Area Population: 66,367



105 community members participated in a survey.



98 people participated in a focus group.



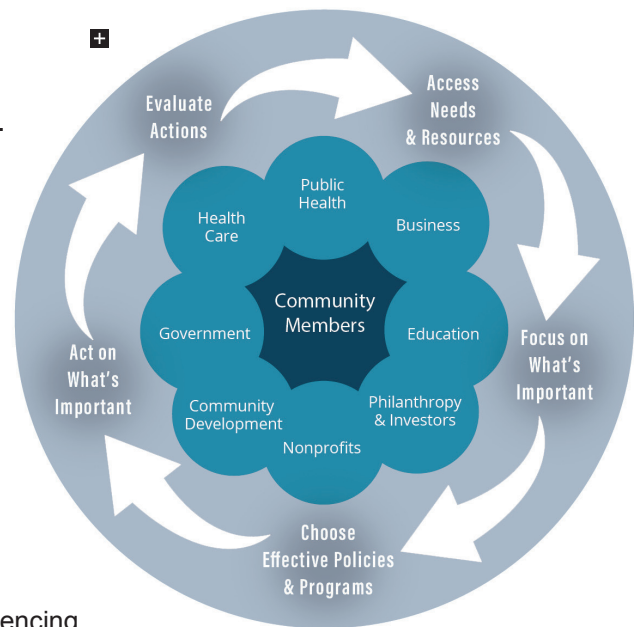
6 focus groups were conducted.

GUIDING PRINCIPLES

1. Collaborate towards solutions with multiple stakeholders (e.g. schools, worksites, medical centers, public health) to improve community health.
2. Build trust through collaboration with community members experiencing health disparities.
3. Prioritize sustainable evidence-based efforts around the greatest community good.
4. Create clear, specific, realistic, and action-oriented goals to improve priority health indicators.
5. Prioritize strategies that advance health equity, address structural barriers, or reduce health disparities

PROCESS

Work Together



Communicate

Social Connectedness

Work with partners to develop a transportation system that connects people to volunteer opportunities and community events.

Promote best practices that limit the community spread of COVID-19.

Support existing programs and forthcoming initiatives that foster mental wellbeing.

Promote community volunteer opportunities.

Build and develop community spaces that encourage people to engage with each other.

Access to Healthy Food

Activate the full Olcott Park Greenhouse with youth-centered community gardening education programs.

Address barriers for people walking to safely access fresh food.

Promote the area's cultural foods.

Provide education about gardening and fresh food preparation/preservation to people across the lifespan.

